



Tours

Cooking Experiences



Finding the magic of lost memories, hidden behind the fog of the past, surrounded by ancient walls under the starry sky of an enchanted land

Cheese Workshop

At Domu Antiga interested guests may participate in a workshop in cheese making to learn how to transform milk into cheese using age old techniques for the creation of cheese. In a space in the house specifically dedicated to the workshops, Samuel will guide the students-guests, to use the antique instruments of the cheese maker, to transform milk into Sardinia's famous pecorino cheese and the delicacy that is ricotta cheese, the same magic that was handed down by the very Nuraghe themselves.

Traditional Cooking Course

Sardinia has so many tastes to tell and pass on, through the cooking methods that represent an uncountable wealth for its people. Here at Domu Antiga with our cook Maria Grazia we organize cooking lessons to spread the rich knowledge of the techniques, knowledge and artisanal skills that Sardinia and especially the Sarcidano possesses. Sardinia might even have the most international of all cuisines for its long history of mixing between diverse cultures that have sailed the Mediterranean but at the same time remained deeply rooted to its local identity.

Bread and Sweets Workshop

We also offer the possibility to learn how to make traditional bread: su civraxiu and su cocoi. The guests who might be interested can learn all the steps of bread making: the flour, sourdough starter, the decoration and how to bake the bread in a traditional oven, no small task! You can also learn how to make all the different types of bread traditionally made in Gergei like bread with ricotta, bread with "gerda" (pieces of lard) and bread with faba beans. Also on request we offer workshops on Sardinian sweets like amaretti, pardule, pircchittus, biscotti etc.

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Duration 3 h

Transport time from Cagliari to Gergei : 1 hour - 65km

Included:

Roundtrip transport

Typical tasting



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